



Hebrew - Staten Island
Breakfast - October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sep 27, 2026	Sep 28, 2026	Sep 29, 2026	Sep 30, 2026	Oct 1, 2026	Oct 2, 2026	Oct 3, 2026
				• Whole Wheat Pancake Echo Lake (2) • Pear • Low Fat 1% Milk • Skim Milk • Maple Syrup	• Breakfast Taco (Eggs, Cheese, Beans) • Salsa • Bananas (2) • Low Fat 1% Milk • Skim Milk	Closed
Oct 4, 2026	Oct 5, 2026	Oct 6, 2026	Oct 7, 2026	Oct 8, 2026	Oct 9, 2026	Oct 10, 2026
Closed	• Egg Patty • WGR English Muffin • American Cheese Slice • Apple • Fruit cup 1/2cup fruit • Low Fat 1% Milk • Skim Milk	• Whole Wheat Pancake Echo Lake (2) • Pear • Applesauce • Low Fat 1% Milk • Skim Milk • Maple Syrup	• Asstd Yogurt - 1oz MMA • Wgr Bread 1oz Grain • Orange • Apple • Low Fat 1% Milk • Skim Milk • Butter	• WW French Toast Sticks • Banana • Fruit cup 1/2cup fruit • Low Fat 1% Milk • Skim Milk • Maple Syrup	• Wgr Cereal (1) 1 oz Grain • Hard Boiled Egg • Apple • Fruit cup 1/2cup fruit • Low Fat 1% Milk • Skim Milk	Closed
Oct 11, 2026	Oct 12, 2026	Oct 13, 2026	Oct 14, 2026	Oct 15, 2026	Oct 16, 2026	Oct 17, 2026
Closed	Closed	• Whole Wheat Waffle (2) • Banana • Fruit cup 1/2cup fruit • Low Fat 1% Milk • Skim Milk • Maple Syrup	• Wgr Mini Loaf Assortment - 2 oz Grain • Asstd Yogurt - 1oz MMA • Applesauce • Orange • Low Fat 1% Milk • Skim Milk	• Whole Wheat Pancake Echo Lake (2) • Pear • Low Fat 1% Milk • Skim Milk • Maple Syrup	• WGR Bagel 2.4oz Grain • Cream Cheese • Orange • Applesauce • Low Fat 1% Milk • Skim Milk	Closed
Oct 18, 2026	Oct 19, 2026	Oct 20, 2026	Oct 21, 2026	Oct 22, 2026	Oct 23, 2026	Oct 24, 2026
Closed	• Wgr Cereal (1) 1 oz Grain • Hard Boiled Egg • Apple • Fruit cup 1/2cup fruit • Low Fat 1% Milk • Skim Milk	• Breakfast Taco (Eggs, Cheese, Beans) • Salsa • Bananas (2) • Low Fat 1% Milk • Skim Milk	• Asstd Yogurt - 1oz MMA • Wgr Bread 1oz Grain • Orange • Apple • Low Fat 1% Milk • Skim Milk • Butter	• WW French Toast Sticks • Banana • Fruit cup 1/2cup fruit • Low Fat 1% Milk • Skim Milk • Maple Syrup	• Egg Patty • WGR English Muffin • American Cheese Slice • Apple • Fruit cup 1/2cup fruit • Low Fat 1% Milk • Skim Milk	Closed
Oct 25, 2026	Oct 26, 2026	Oct 27, 2026	Oct 28, 2026	Oct 29, 2026	Oct 30, 2026	Oct 31, 2026
Closed	• Asstd Yogurt - 1oz MMA • Nature Valley Oat's and Honey Bar • Apple (2) • Low Fat 1% Milk • Skim Milk	• Whole Wheat Waffle (2) • Banana • Fruit cup 1/2cup fruit • Low Fat 1% Milk • Skim Milk • Maple Syrup	• WW French Toast Sticks • Banana • Fruit cup 1/2cup fruit • Low Fat 1% Milk • Skim Milk • Maple Syrup	• Whole Wheat Pancake Echo Lake (2) • Pear • Low Fat 1% Milk • Skim Milk • Maple Syrup	• Breakfast Taco (Eggs, Cheese, Beans) • Salsa • Bananas (2) • Low Fat 1% Milk • Skim Milk	Closed



Hebrew - Staten Island
Lunch - October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sep 27, 2026	Sep 28, 2026	Sep 29, 2026	Sep 30, 2026	Oct 1, 2026	Oct 2, 2026	Oct 3, 2026
				• WGR Baked Ziti w/ Mozzarella Cheese • Wgr Bread 1oz Grain • Broccoli • Apple • Low Fat 1% Milk • Skim Milk	• American Cheese Slice (2) • Whole Grain Bread (2) • White Beans 1oz MMA • Bell Pepper Sticks • Wheat Thins • Apple • Low Fat 1% Milk • Skim Milk	Closed
Oct 4, 2026	Oct 5, 2026	Oct 6, 2026	Oct 7, 2026	Oct 8, 2026	Oct 9, 2026	Oct 10, 2026
Closed	• Kosher Chicken Tenders 4oz • Whole Grain Pasta Salad • Sweet Potato Fries • Mixed Vegetables • Pear	• Nordane Cheese Pizza • Broccoli • Apple • Low Fat 1% Milk • Skim Milk	• Kosher Meatballs • Whole Grain Pasta 2oz Grain • Low Sodium Tomato Sauce • Green Beans • Pear	• WGR Mozzarella Sticks • Marinara Sauce • Brown Rice and Beans 2MMA/ 1oz Grain • Sweet Plantain • Corn • Pear	• Kosher Turkey Roll 3oz • Whole Grain Bread (2) • Carrot Sticks • Pretzels • Orange	Closed
Oct 11, 2026	Oct 12, 2026	Oct 13, 2026	Oct 14, 2026	Oct 15, 2026	Oct 16, 2026	Oct 17, 2026
Closed	Closed	• Beef Teriyaki • Brown Rice • Diced Carrots • Peach (2)	• Kosher Meatballs • Whole Grain Pasta 2oz Grain • Low Sodium Tomato Sauce • Green Beans • Pear	• Nordane Cheese Pizza • Broccoli • Apple • Low Fat 1% Milk • Skim Milk	• American Cheese Slice (2) • Whole Grain Bread (2) • White Beans 1oz MMA • Bell Pepper Sticks • Wheat Thins • Clementine (2) • Low Fat 1% Milk • Skim Milk	Closed
Oct 18, 2026	Oct 19, 2026	Oct 20, 2026	Oct 21, 2026	Oct 22, 2026	Oct 23, 2026	Oct 24, 2026
Closed	• Glazed Chicken Drumstick (2) • Sweet Plantain • Diced Carrots • Apple	• Nordane Cheese Pizza • Broccoli • Apple • Low Fat 1% Milk • Skim Milk	• Kosher Chicken Tenders 4oz • Whole Grain Pasta Salad • Potato Nuggets • Banana	• Kosher Ground Beef Patty 4oz • WGR Hamburger Bun • Potato Nuggets • Apple • Ketchup	• Kosher Turkey Roll 3oz • Whole Grain Bread (2) • Carrot Sticks • Pretzels • Orange	Closed
Oct 25, 2026	Oct 26, 2026	Oct 27, 2026	Oct 28, 2026	Oct 29, 2026	Oct 30, 2026	Oct 31, 2026
Closed	• Kosher Chicken Tenders 4oz • Whole Grain Pasta Salad • Sweet Potato Fries • Mixed Vegetables • Pear	• Nordane Cheese Pizza • Broccoli • Apple • Low Fat 1% Milk • Skim Milk	• Kosher Fish Sticks (6) • wgr Pasta Salad w/ Chick Peas • Collard Greens • Orange	• WGR Baked Ziti w/ Mozzarella Cheese • Wgr Bread 1oz Grain • Broccoli • Apple • Low Fat 1% Milk • Skim Milk	• American Cheese Slice (2) • Whole Grain Bread (2) • White Beans 1oz MMA • Bell Pepper Sticks • Wheat Thins • Apple • Low Fat 1% Milk • Skim Milk	Closed



Hebrew - Staten Island
Alt Lunch - October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sep 27, 2026	Sep 28, 2026	Sep 29, 2026	Sep 30, 2026	Oct 1, 2026	Oct 2, 2026	Oct 3, 2026
				• Lentil Daal • Brown Rice • Tossed Salad • Orange • SILK UNSWTND, SOYMILK	• Spanish Chickpea Stew • Brown Rice • Oriental Vegetable Blend • Pear • SILK UNSWTND, SOYMILK	Closed
Oct 4, 2026	Oct 5, 2026	Oct 6, 2026	Oct 7, 2026	Oct 8, 2026	Oct 9, 2026	Oct 10, 2026
Closed	• Red and White Bean Stew • Brown Rice 1oz Grain • Mixed Vegetables • Pear • SILK UNSWTND, SOYMILK	• Vegetarian Chili • WGR Hard Taco Shell (2) • Corn • Fresh Plum (2) • SILK UNSWTND, SOYMILK	• Br Rice and Beans 2MMA/ 2oz Grain • Broccoli • Diced Carrots • Apple • SILK UNSWTND, SOYMILK	• Lentil Daal • Brown Rice • Tossed Salad • Orange • SILK UNSWTND, SOYMILK	• Spanish Chickpea Stew • Brown Rice • Oriental Vegetable Blend • Pear • SILK UNSWTND, SOYMILK	Closed
Oct 11, 2026	Oct 12, 2026	Oct 13, 2026	Oct 14, 2026	Oct 15, 2026	Oct 16, 2026	Oct 17, 2026
Closed	Closed	• Vegetarian Chili • WGR Hard Taco Shell (2) • Corn • Fresh Plum (2) • SILK UNSWTND, SOYMILK	• Br Rice and Beans 2MMA/ 2oz Grain • Broccoli • Diced Carrots • Apple • SILK UNSWTND, SOYMILK	• Lentil Daal • Brown Rice • Tossed Salad • Orange • SILK UNSWTND, SOYMILK	• Spanish Chickpea Stew • Brown Rice • Oriental Vegetable Blend • Pear • SILK UNSWTND, SOYMILK	Closed
Oct 18, 2026	Oct 19, 2026	Oct 20, 2026	Oct 21, 2026	Oct 22, 2026	Oct 23, 2026	Oct 24, 2026
Closed	• Red and White Bean Stew • Brown Rice 1oz Grain • Mixed Vegetables • Pear • SILK UNSWTND, SOYMILK	• Vegetarian Chili • WGR Hard Taco Shell (2) • Corn • Fresh Plum (2) • SILK UNSWTND, SOYMILK	• Br Rice and Beans 2MMA/ 2oz Grain • Broccoli • Diced Carrots • Apple • SILK UNSWTND, SOYMILK	• Lentil Daal • Brown Rice • Tossed Salad • Orange • SILK UNSWTND, SOYMILK	• Spanish Chickpea Stew • Brown Rice • Oriental Vegetable Blend • Pear • SILK UNSWTND, SOYMILK	Closed
Oct 25, 2026	Oct 26, 2026	Oct 27, 2026	Oct 28, 2026	Oct 29, 2026	Oct 30, 2026	Oct 31, 2026
Closed	• Red and White Bean Stew • Brown Rice 1oz Grain • Mixed Vegetables • Pear • SILK UNSWTND, SOYMILK	• Vegetarian Chili • WGR Hard Taco Shell (2) • Corn • Fresh Plum (2) • SILK UNSWTND, SOYMILK	• Br Rice and Beans 2MMA/ 2oz Grain • Broccoli • Diced Carrots • Apple • SILK UNSWTND, SOYMILK	• Lentil Daal • Brown Rice • Tossed Salad • Orange • SILK UNSWTND, SOYMILK	• Spanish Chickpea Stew • Brown Rice • Oriental Vegetable Blend • Pear • SILK UNSWTND, SOYMILK	Closed



Hebrew - Staten Island
Snack - October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sep 27, 2026	Sep 28, 2026	Sep 29, 2026	Sep 30, 2026	Oct 1, 2026	Oct 2, 2026	Oct 3, 2026
				• Applesauce • Potato Chips • Pear	Closed	Closed
Oct 4, 2026	Oct 5, 2026	Oct 6, 2026	Oct 7, 2026	Oct 8, 2026	Oct 9, 2026	Oct 10, 2026
Closed	• Diced Pears in Natural Juice 1/2 cup fruit • WGR Cheez-Its - 1oz Grain • 100% Assorted Fruit Juice	• Clementine (2) • Cheese Sticks • Fruit Mix In 100% Natural Juice	• WGR Graham Crackers • 100% Assorted Fruit Juice • Fresh Plum	• Banana • WGR Waffle Grahams 1 Grain • 100% Assorted Fruit Juice	Closed	Closed
Oct 11, 2026	Oct 12, 2026	Oct 13, 2026	Oct 14, 2026	Oct 15, 2026	Oct 16, 2026	Oct 17, 2026
Closed	Closed	• Fruit Mix In 100% Natural Juice • Cheese Sticks • Clementine (2)	• Banana • Potato Chips • 100% Assorted Fruit Juice	• 100% Assorted Fruit Juice • WGR Animal Crackers • Clementine (2)	Closed	Closed
Oct 18, 2026	Oct 19, 2026	Oct 20, 2026	Oct 21, 2026	Oct 22, 2026	Oct 23, 2026	Oct 24, 2026
Closed	• Diced Pears in Natural Juice 1/2 cup fruit • Sugar Cookie • Clementine (2)	• Clementine (2) • Fruit cup 1/2cup fruit • 100% Assorted Fruit Juice	• Fresh Apple • 100% Assorted Fruit Juice • WGR Graham Crackers	• Chocolate Chip Cookie • Fresh Apples • 100% Assorted Fruit Juice	Closed	Closed
Oct 25, 2026	Oct 26, 2026	Oct 27, 2026	Oct 28, 2026	Oct 29, 2026	Oct 30, 2026	Oct 31, 2026
Closed	• Apple • Chocolate Chip Cookie • 100% Assorted Fruit Juice	• Fruit Mix In 100% Natural Juice • Chocolate Pudding • 100% Assorted Fruit Juice	• Banana • Potato Chips • 100% Assorted Fruit Juice	• Applesauce • Potato Chips • Pear	Closed	Closed