



## Hebrew - Staten Island Breakfast - October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Oct 1, 2025	Oct 2, 2025	Oct 3, 2025	Oct 4, 2025
			<ul style="list-style-type: none"> <li>• Wgr Mini Loaf, Asstd</li> <li>• Assorted Yogurt</li> <li>• Applesauce</li> <li>• Orange</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	Closed	<ul style="list-style-type: none"> <li>• Whole Grain Bagel</li> <li>• Cream Cheese</li> <li>• Orange</li> <li>• Applesauce</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	Closed
Oct 5, 2025	Oct 6, 2025	Oct 7, 2025	Oct 8, 2025	Oct 9, 2025	Oct 10, 2025	Oct 11, 2025
Closed	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• WGR English Muffin</li> <li>• Apple</li> <li>• Fruit cup</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Whole Wheat Pancake (2)</li> <li>• Pear</li> <li>• Applesauce</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> <li>• Maple Syrup</li> </ul>	<ul style="list-style-type: none"> <li>• Assorted Yogurt</li> <li>• Whole Grain Bread</li> <li>• Orange</li> <li>• Apple</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> <li>• Butter</li> </ul>	<ul style="list-style-type: none"> <li>• WW French Toast Sticks</li> <li>• Banana</li> <li>• Fruit cup</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> <li>• Maple Syrup</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• Hard Boiled Egg</li> <li>• Apple</li> <li>• Fruit cup</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	Closed
Oct 12, 2025	Oct 13, 2025	Oct 14, 2025	Oct 15, 2025	Oct 16, 2025	Oct 17, 2025	Oct 18, 2025
Closed	Closed	<ul style="list-style-type: none"> <li>• Whole Wheat Waffle (2)</li> <li>• Banana</li> <li>• Fruit cup</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> <li>• Maple Syrup</li> </ul>	<ul style="list-style-type: none"> <li>• Wgr Mini Loaf, Asstd</li> <li>• Assorted Yogurt</li> <li>• Applesauce</li> <li>• Orange</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Whole Wheat Pancake (2)</li> <li>• Pears (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> <li>• Maple Syrup</li> </ul>	<ul style="list-style-type: none"> <li>• Whole Grain Bagel</li> <li>• Cream Cheese</li> <li>• Orange</li> <li>• Applesauce</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	Closed
Oct 19, 2025	Oct 20, 2025	Oct 21, 2025	Oct 22, 2025	Oct 23, 2025	Oct 24, 2025	Oct 25, 2025
Closed	Closed	<ul style="list-style-type: none"> <li>• Whole Wheat Pancake (2)</li> <li>• Pear</li> <li>• Applesauce</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> <li>• Maple Syrup</li> </ul>	<ul style="list-style-type: none"> <li>• Assorted Yogurt</li> <li>• Whole Grain Bread</li> <li>• Orange</li> <li>• Apple</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> <li>• Butter</li> </ul>	<ul style="list-style-type: none"> <li>• WW French Toast Sticks</li> <li>• Banana</li> <li>• Fruit cup</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> <li>• Maple Syrup</li> </ul>	<ul style="list-style-type: none"> <li>• Apple Bourekas</li> <li>• American Cheese Slice</li> <li>• Banana</li> <li>• Fruit cup</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	Closed
Oct 26, 2025	Oct 27, 2025	Oct 28, 2025	Oct 29, 2025	Oct 30, 2025	Oct 31, 2025	
Closed	<ul style="list-style-type: none"> <li>• Assorted Yogurt</li> <li>• Nature Valley Oat's and Honey Bar</li> <li>• Apple (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Whole Wheat Waffle (2)</li> <li>• Banana</li> <li>• Fruit cup</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> <li>• Maple Syrup</li> </ul>	<ul style="list-style-type: none"> <li>• Wgr Mini Loaf, Asstd</li> <li>• Assorted Yogurt</li> <li>• Applesauce</li> <li>• Orange</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Whole Wheat Pancake (2)</li> <li>• Pears (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> <li>• Maple Syrup</li> </ul>	<ul style="list-style-type: none"> <li>• Whole Grain Bagel</li> <li>• Cream Cheese</li> <li>• Orange</li> <li>• Applesauce</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	

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## Hebrew - Staten Island Lunch - October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Oct 1, 2025	Oct 2, 2025	Oct 3, 2025	Oct 4, 2025
			<ul style="list-style-type: none"> <li>• WGR Baked Ziti w/ Mozzarella Cheese</li> <li>• Whole Grain Bread</li> <li>• Broccoli</li> <li>• Apple</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	Closed	<ul style="list-style-type: none"> <li>• American Cheese Slice (2)</li> <li>• Whole Grain Bread (2)</li> <li>• White Beans</li> <li>• Bell Pepper Sticks</li> <li>• Wheat Thins</li> <li>• Apple</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	Closed
Oct 5, 2025	Oct 6, 2025	Oct 7, 2025	Oct 8, 2025	Oct 9, 2025	Oct 10, 2025	Oct 11, 2025
Closed	<ul style="list-style-type: none"> <li>• Oven Fried Chicken</li> <li>• Waffles de Trigo Integral (2)</li> <li>• Mixed Vegetables</li> <li>• Orange</li> <li>• Ketchup</li> </ul>	<ul style="list-style-type: none"> <li>• Whole Grain Mozzarella Cheese Pizza</li> <li>• Broccoli</li> <li>• Apple</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Kosher Meatballs</li> <li>• Whole Grain Pasta</li> <li>• Low Sodium Tomato Sauce</li> <li>• Green Beans</li> <li>• Pear</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Mozzarella Sticks</li> <li>• Marinara Sauce</li> <li>• Brown Rice and Beans</li> <li>• Sweet Plantain</li> <li>• Corn</li> <li>• Pear</li> </ul>	<ul style="list-style-type: none"> <li>• Kosher Turkey Roll 3oz</li> <li>• Whole Grain Bread (2)</li> <li>• Carrot Sticks</li> <li>• Pretzels</li> <li>• Orange</li> </ul>	Closed
Oct 12, 2025	Oct 13, 2025	Oct 14, 2025	Oct 15, 2025	Oct 16, 2025	Oct 17, 2025	Oct 18, 2025
Closed	Closed	<ul style="list-style-type: none"> <li>• Chicken Salad</li> <li>• Whole Grain Bread (2)</li> <li>• Sugar Snap Peas</li> <li>• WGR Sun Chip</li> <li>• Peach (2)</li> </ul>	<ul style="list-style-type: none"> <li>• Kosher Meatballs</li> <li>• Whole Grain Pasta</li> <li>• Low Sodium Tomato Sauce</li> <li>• Green Beans</li> <li>• Pear</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken Pierogi</li> <li>• Brown Rice and Beans</li> <li>• Diced Carrots</li> <li>• Orange</li> </ul>	<ul style="list-style-type: none"> <li>• American Cheese Slice (2)</li> <li>• Whole Grain Bread (2)</li> <li>• White Beans</li> <li>• Bell Pepper Sticks</li> <li>• Wheat Thins</li> <li>• Clementine (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	Closed
Oct 19, 2025	Oct 20, 2025	Oct 21, 2025	Oct 22, 2025	Oct 23, 2025	Oct 24, 2025	Oct 25, 2025
Closed	Closed	<ul style="list-style-type: none"> <li>• Kosher Beef Teriyaki</li> <li>• Brown Rice</li> <li>• Baby Carrots</li> <li>• Mixed Vegetables</li> <li>• Banana</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Mozzarella Sticks</li> <li>• Marinara Sauce</li> <li>• Brown Rice and Beans</li> <li>• Sweet Plantain</li> <li>• Corn</li> <li>• Pear</li> </ul>	<ul style="list-style-type: none"> <li>• Kosher Ground Beef Patty 4oz</li> <li>• WGR Hamburger Bun</li> <li>• Potato Nuggets</li> <li>• Apple</li> <li>• Ketchup</li> </ul>	<ul style="list-style-type: none"> <li>• Kosher Turkey Roll 3oz</li> <li>• Whole Grain Bread (2)</li> <li>• Carrot Sticks</li> <li>• Pretzels</li> <li>• Orange</li> </ul>	Closed
Oct 26, 2025	Oct 27, 2025	Oct 28, 2025	Oct 29, 2025	Oct 30, 2025	Oct 31, 2025	
Closed	<ul style="list-style-type: none"> <li>• Kosher Chicken Tenders 4oz</li> <li>• Whole Grain Pasta Salad</li> <li>• Sweet Potato Fries</li> <li>• Mixed Vegetables</li> <li>• Pear</li> </ul>	<ul style="list-style-type: none"> <li>• Kosher Hard Shell Beef Taco 1oz</li> <li>• Pinto Beans</li> <li>• Corn</li> <li>• Fresh Plum (2)</li> <li>• Salsa</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Baked Ziti w/ Mozzarella Cheese</li> <li>• Whole Grain Bread</li> <li>• Broccoli</li> <li>• Apple</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Potato Pancake</li> <li>• Edamame</li> <li>• Oriental Vegetable Blend</li> <li>• Orange</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• American Cheese Slice (2)</li> <li>• Whole Grain Bread (2)</li> <li>• White Beans</li> <li>• Bell Pepper Sticks</li> <li>• Wheat Thins</li> <li>• Apple</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	

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## Hebrew - Staten Island Alt Lunch - October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Oct 1, 2025	Oct 2, 2025	Oct 3, 2025	Oct 4, 2025
			<ul style="list-style-type: none"> <li>• Br Rice and Beans</li> <li>• Broccoli</li> <li>• Diced Carrots</li> <li>• Apple</li> <li>• Soy Milk</li> </ul>	Closed	<ul style="list-style-type: none"> <li>• Spanish Chickpea Stew</li> <li>• Brown Rice</li> <li>• Oriental Vegetable Blend</li> <li>• Pear</li> <li>• Soy Milk</li> </ul>	Closed
Oct 5, 2025	Oct 6, 2025	Oct 7, 2025	Oct 8, 2025	Oct 9, 2025	Oct 10, 2025	Oct 11, 2025
Closed	<ul style="list-style-type: none"> <li>• Red and White Bean Stew</li> <li>• Brown Rice</li> <li>• Mixed Vegetables</li> <li>• Pear</li> <li>• Soy Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Vegetarian Chili</li> <li>• WGR Hard Taco Shell (2)</li> <li>• Corn</li> <li>• Fresh Plum (2)</li> <li>• Soy Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Br Rice and Beans</li> <li>• Broccoli</li> <li>• Diced Carrots</li> <li>• Apple</li> <li>• Soy Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Lentil Daal</li> <li>• Brown Rice</li> <li>• Tossed Salad</li> <li>• Orange</li> <li>• Soy Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Spanish Chickpea Stew</li> <li>• Brown Rice</li> <li>• Oriental Vegetable Blend</li> <li>• Pear</li> <li>• Soy Milk</li> </ul>	Closed
Oct 12, 2025	Oct 13, 2025	Oct 14, 2025	Oct 15, 2025	Oct 16, 2025	Oct 17, 2025	Oct 18, 2025
Closed	Closed	<ul style="list-style-type: none"> <li>• Vegetarian Chili</li> <li>• WGR Hard Taco Shell (2)</li> <li>• Corn</li> <li>• Fresh Plum (2)</li> <li>• Soy Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Br Rice and Beans</li> <li>• Broccoli</li> <li>• Diced Carrots</li> <li>• Apple</li> <li>• Soy Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Lentil Daal</li> <li>• Brown Rice</li> <li>• Tossed Salad</li> <li>• Orange</li> <li>• Soy Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Spanish Chickpea Stew</li> <li>• Brown Rice</li> <li>• Oriental Vegetable Blend</li> <li>• Pear</li> <li>• Soy Milk</li> </ul>	Closed
Oct 19, 2025	Oct 20, 2025	Oct 21, 2025	Oct 22, 2025	Oct 23, 2025	Oct 24, 2025	Oct 25, 2025
Closed	Closed	<ul style="list-style-type: none"> <li>• Vegetarian Chili</li> <li>• WGR Hard Taco Shell (2)</li> <li>• Corn</li> <li>• Fresh Plum (2)</li> <li>• Soy Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Br Rice and Beans</li> <li>• Broccoli</li> <li>• Diced Carrots</li> <li>• Apple</li> <li>• Soy Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Lentil Daal</li> <li>• Brown Rice</li> <li>• Tossed Salad</li> <li>• Orange</li> <li>• Soy Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Spanish Chickpea Stew</li> <li>• Brown Rice</li> <li>• Oriental Vegetable Blend</li> <li>• Pear</li> <li>• Soy Milk</li> </ul>	Closed
Oct 26, 2025	Oct 27, 2025	Oct 28, 2025	Oct 29, 2025	Oct 30, 2025	Oct 31, 2025	
Closed	<ul style="list-style-type: none"> <li>• Red and White Bean Stew</li> <li>• Brown Rice</li> <li>• Mixed Vegetables</li> <li>• Pear</li> <li>• Soy Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Vegetarian Chili</li> <li>• WGR Hard Taco Shell (2)</li> <li>• Corn</li> <li>• Fresh Plum (2)</li> <li>• Soy Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Br Rice and Beans</li> <li>• Broccoli</li> <li>• Diced Carrots</li> <li>• Apple</li> <li>• Soy Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Lentil Daal</li> <li>• Brown Rice</li> <li>• Tossed Salad</li> <li>• Orange</li> <li>• Soy Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Spanish Chickpea Stew</li> <li>• Brown Rice</li> <li>• Oriental Vegetable Blend</li> <li>• Pear</li> <li>• Soy Milk</li> </ul>	

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## Hebrew - Staten Island Snack - October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Oct 1, 2025	Oct 2, 2025	Oct 3, 2025	Oct 4, 2025
			<ul style="list-style-type: none"> <li>Banana</li> <li>Potato Chips</li> <li>100% Assorted Fruit Juice</li> </ul>	Closed	Closed	Closed
Oct 5, 2025	Oct 6, 2025	Oct 7, 2025	Oct 8, 2025	Oct 9, 2025	Oct 10, 2025	Oct 11, 2025
Closed	<ul style="list-style-type: none"> <li>Diced Pears in Natural Juice</li> <li>WGR Cheez-it Crackers</li> <li>100% Assorted Fruit Juice</li> </ul>	<ul style="list-style-type: none"> <li>Clementine (2)</li> <li>Cheese Sticks</li> <li>Fruit Mix In 100% Natural Juice</li> </ul>	<ul style="list-style-type: none"> <li>WGR Graham Crackers</li> <li>100% Assorted Fruit Juice</li> <li>Fresh Plum</li> </ul>	<ul style="list-style-type: none"> <li>Banana</li> <li>WGR Waffle Grahams</li> <li>100% Assorted Fruit Juice</li> </ul>	Closed	Closed
Oct 12, 2025	Oct 13, 2025	Oct 14, 2025	Oct 15, 2025	Oct 16, 2025	Oct 17, 2025	Oct 18, 2025
Closed	Closed	<ul style="list-style-type: none"> <li>Fruit Mix In 100% Natural Juice</li> <li>Cheese Sticks</li> <li>Clementine (2)</li> </ul>	<ul style="list-style-type: none"> <li>Banana</li> <li>Potato Chips</li> <li>100% Assorted Fruit Juice</li> </ul>	<ul style="list-style-type: none"> <li>100% Assorted Fruit Juice</li> <li>WGR Animal Crackers</li> <li>Clementine (2)</li> </ul>	Closed	Closed
Oct 19, 2025	Oct 20, 2025	Oct 21, 2025	Oct 22, 2025	Oct 23, 2025	Oct 24, 2025	Oct 25, 2025
Closed	Closed	<ul style="list-style-type: none"> <li>Clementine (2)</li> <li>Fruit cup</li> <li>100% Assorted Fruit Juice</li> </ul>	<ul style="list-style-type: none"> <li>Fresh Apple</li> <li>100% Assorted Fruit Juice</li> <li>WGR Graham Crackers</li> </ul>	<ul style="list-style-type: none"> <li>Chocolate Chip Cookie</li> <li>Fresh Apples</li> <li>100% Assorted Fruit Juice</li> </ul>	Closed	Closed
Oct 26, 2025	Oct 27, 2025	Oct 28, 2025	Oct 29, 2025	Oct 30, 2025	Oct 31, 2025	
Closed	<ul style="list-style-type: none"> <li>Apple</li> <li>Chocolate Chip Cookie</li> <li>100% Assorted Fruit Juice</li> </ul>	<ul style="list-style-type: none"> <li>Fruit Mix In 100% Natural Juice</li> <li>Chocolate Pudding</li> <li>100% Assorted Fruit Juice</li> </ul>	<ul style="list-style-type: none"> <li>Banana</li> <li>Potato Chips</li> <li>100% Assorted Fruit Juice</li> </ul>	<ul style="list-style-type: none"> <li>Applesauce</li> <li>Potato Chips</li> <li>Pear</li> </ul>	Closed	

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